

Answers to Weston A. Price local chapter “Farm Visit Checklist” – Updated October 24, 2015

1. Name of farm etc.

DS Family Farm Doug & Sheila Garrison 13550 W US HWY 34 Malcolm, NE 68402 402-796-2208	doug@dsfamilyfarm.com http://dsfamilyfarm.com/ https://www.facebook.com/DSFamilyFarm https://instagram.com/dsfamilyfarm/
--	---

2. General appearance

- Visit our website for photos and videos of our farm.

3. List of products

- ¼ beef, individual beef cuts and whole chickens
- Call for current availability and pricing.

4. Farm certifications.

- We are currently not third party certified.
- Farm is located on State Highway 34 and County Road NW 140th, drive by visual inspection 365 days a year.
- Walk-in visits at the house are welcome anytime, you may want to contact us first to make sure someone is available for your visit.
- If you have a favorite third party certification program, we would be happy to review any requirements of the program and share with you where we felt our operation would fit into the certification. We would also be interested in considering a cost-benefit analysis to becoming certified in any third-party programs.

5. Use of organic production methods:

- Fresh Grass – Move – Fresh Grass – Move! Prevents most animal production problems. Prevention rather than use of chemicals is our philosophy. Proper stewardship and working with nature prevents problems.
- Beef
 - 365 day per year “fresh” pasture access, no feed lots used, no continuous grazing of pastures allowed.
 - Parasiticides: Not used, use organic fly control during high fly pressure times for animal comfort.
 - Antibiotics: Not used on animals for sale as food, will use only when required and advised by vet.
 - Animals never fed growth promoting hormones or sub therapeutic antibiotics.
 - Animals receiving a vet applied antibiotic are Not Allowed to be butchered for meat sold directly to our customers.
 - Pesticides: Not used, use organic fly control during high fly pressure times for animal comfort.
 - Herbicides: No broadcast spraying, spot treat invasive thorny locust stumps with brush herbicide to prevent re-sprout and spread.
- Chickens
 - Fed organic, transitional organic & conventional grains purchased from local farm
 - Chickens have access to fresh grass daily for last ~5 weeks.

6. Pasture feeding

- Fresh Grass – Move – Fresh Grass – Move!
- Beef 100% pasture grazed 365 days a year.
- Chickens – first 3 weeks in brooder, last ~5 weeks on fresh grass moved daily (Salatin method)

7. Pasture management

- Managed Grazing = YES.
 - Our grazed pastures include:
 - Upland Native Tallgrass Prairie (never cropped)
 - Reseeded cropland to native grass pasture in 1987
 - Riparian areas with herbaceous and forest cover
 - Our grasslands contain a diverse mixture of forbs and shrubs and contain native pollinators and other grassland wildlife species.
- Compost or compost tea:
 - During the non-growing season we feed supplemental hay right out in the pastures, this adds organic matter and nutrients to our soils.
- Other soil amendments:
 - We occasionally use organic-fish, organic milk sprayed & spot apply calcium on our pastures.

8. Supplemental feed

- Beef Grass-fed Only – No Grain.
 - Our herd has never been fed any grain, ever. Cattle are only on pasture, never allowed access to crop residues (corn stalks, bean stalks, wheat stubble, etc.) and never confined to a feed lot.
- Beef Minerals: Sourced for quality (no farm store minerals used except plain white Kansas granular salt).
 - High quality free choice minerals & supplements to increase herd health include:
 - Sulfur, copper, kelp (iodine), phosphorus, salt, sodium bicarbonate, apple cider vinegar, clay, and other mineral mixes, sourced organic when available.
 - Contact us for a list of specific sources and labels used.
- Beef Hay:
 - Alfalfa Hay from NON-GMO source, fed as supplement to fresh pasture moves during low quality forage periods.
 - Native prairie hay fed as supplement to fresh pasture moves during non-growing season.
- Chickens:
 - Organic Apple Cider Vinegar as a supplement in drinking water.

9. Raw Milk = none

10. Butchering practices:

- Currently all meat for sale on farm is processed through USDA-certified abattoir.